

A serene sunset scene over a calm body of water. The sun is a bright, glowing orb on the left, casting a long, shimmering reflection across the water's surface. The sky is a mix of soft orange, yellow, and pale blue. In the background, dark silhouettes of mountains or hills are visible. Several boats are scattered across the water; a motorboat is prominent in the center, and a sailboat is on the right. Small buoys are visible in the water. The overall mood is peaceful and picturesque.

# La Manga

THE BEST PLACES  
MURCIA, SPAIN

**THIS REGION BOAST OVER 3,000 HOURS OF SUNSHINE A YEAR, AND ITS COASTLINE IS BATHED BY THE WARM WATERS OF TWO SEAS. IN FACT, ITS COAST IS KNOWN AS THE COSTA CÁLIDA (THE BALMY COAST), AND IS HOME TO ENDLESS BEACHES AND SMALL COVES WHICH OFFER MULTIPLE OPTIONS FOR LEISURE, SPORTS AND WELL-BEING.**



SIERRA  
ESPUÑA



BATERIA DE  
CASTILLITOS



CALBLANQUE



SALINAS SAN  
PEDRO



SIERRA NEVADA  
SKI CENTER

# top 10 places to visit

## La Manga



MURCIA



CABO DE  
PALOS



BEACHES



CARTAGENA



LABERINTO DE  
TENTEGORRA

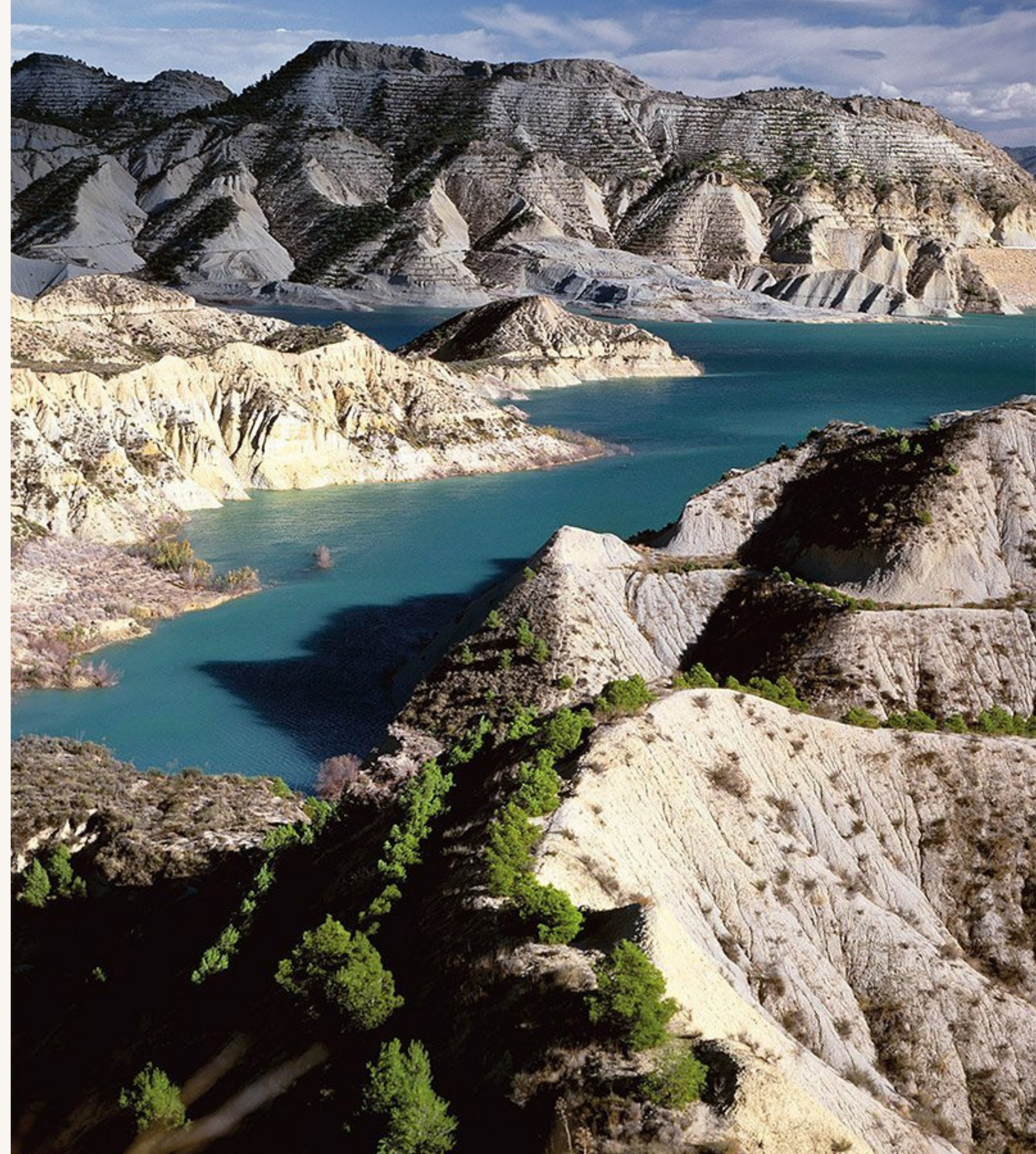
SIERRA ESPUÑA REGIONAL RESERVE

30840 ALHAMA DE MURCIA

## Sierra Espuña

*A vast mosaics of landscapes, history and customs.*

The Sierra Espuña Regional Reserve is located in the central part of the Murcia region, between the districts of Alhama de Murcia, Totana and Mula. It is an area full of contrasts, where visitors will find everything from forests, steppes and high-mountain scenery; to rivers and reservoirs, and dry or irrigated agricultural areas... It has an average altitude of around 800 metres, and reaches a maximum height of 1,583 metres. The uneven relief of the Sierra Espuña range is precisely one of its main attractions, as this is what gives it its unique and imposing landscapes.





BATERÍA DE CASTILLITOS

30868, MURCIA

## Bateria de Castillitos

*which is also known as C-1*

The most perfect moment to get to know Bateria de Castillitos is to make a trip there and enjoy spectacular views. We are facing a truly amazing fortification, which we can find in the municipality of Cartagena. To discover it, we have to go to Cabo Tiñoso.

This fortification is located approximately 250 meters high. Its façade draws attention, since its intention was to imitate that of a medieval castle. As if that were not enough, in this case, certain influences are also reflected, not only from modernism but also from eclecticism.

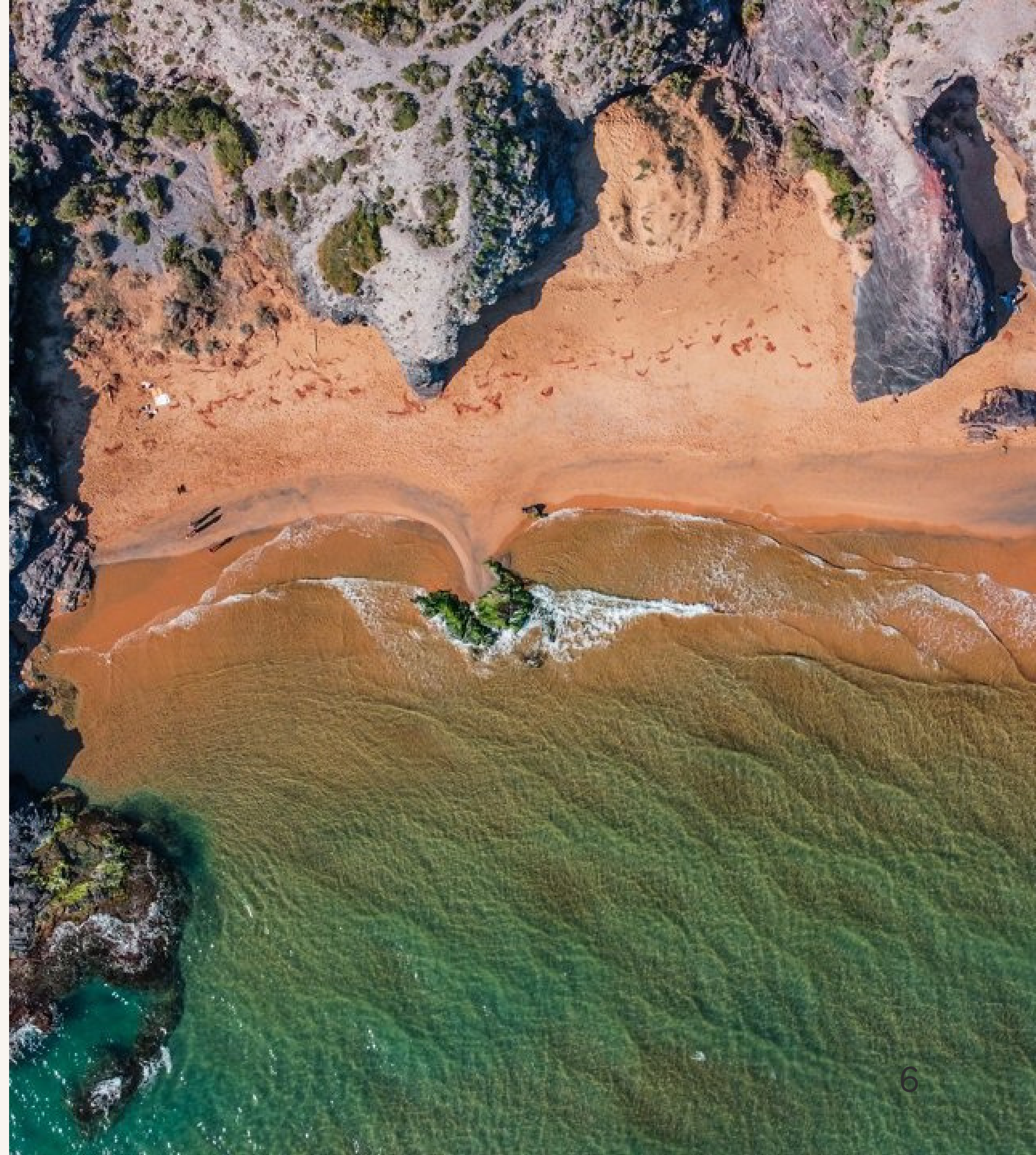
CALBLANQUE

30385 CARTAGENA, MURCIA

# Calblanque

## *Nature Paradise*

Protected natural beach of high landscape value. This beach is located within the regional park Parque Regional de Calblanque, one of the best preserved unspoilt natural landscapes on the coast. Its enormous natural wealth is based on its arid mountains, its long, ochre and golden-coloured beaches as well as its lonely coves, the formation of its fossil dunes, its white salt lakes and its mountain massifs, which contrast with the blue sea.



## Salinas San Pedro

### *Flamingoes experience*

The main attractions of San Pedro are concentrated around the beach and shore.

This watery setting, combined with the facilities at its marina, means you can do a great many sports, such as sailing, scuba diving or windsurfing. As well as one of the town's architectural symbols, the Quintín mill, the surrounding area contains the Salinas de San Pedro del Pinatar Regional Park, a space where a great many species of migratory birds come to nest. You can also benefit from the therapeutic properties of its mud, especially suitable for treating bone and skin ailments.

SIERRA NEVADA

18196 MONACHIL, GRANADA

## Sierra Nevada Ski Center

*Keep calm and ski on.*

The Sierra Nevada Ski and Mountain Resort is Europe's southernmost. Set in the Penibetico range and 32 km from Granada, it has 105,44 km of runs, with 118 signed pistes for all levels and excellent quality snow. It also has a cross-country skiing circuit, Snow Park and recreational areas for non-skiers. Night skiing on Saturdays, weather permitting.





MURCIA

30001 MURCIA

## Murcia

### *Walking tour*

A chain of mountains surrounds the plain which Murcia sits upon, a city of Arab origin whose existence is closely linked to the fertile lands around the river Segura. From among its streets of guilds emerges the tower of the Cathedral, one of the symbols of the city.

Although the region of Murcia has been inhabited for more than 2,000 years, the city of Murcia was not founded until 831, when the Emir of Cordoba Abd ar-Rahman II commissioned a walled city on the banks of the river Segura, to be the provincial capital under the Caliphate.

CABO DE PALOS

303 70 MURCIA

# Cabo de Palos

*Aquaholic*

This is an interesting area for scuba diving fans. Its sea bed is one of the most important nature reserves in the Mediterranean.

It is a peninsula, 400 metres wide, dotted with quiet coves and lapped by the crystal-clear sea. The main attraction here, however, is in the sea itself. Hormiga Islands are 2.5 miles away from the coast. The sea bed has been designated an Integral Marine Reserve for its exceptional beauty and excellent state of conservation, and is considered one of the best scuba diving sites in Spain. Here you will find reefs and corral deep underwater, as well as the remains of shipwrecks and sunken boats: a real adventure for scuba fans.





CARTAGENA

30201, MURCIA

## Cartagena

*Not all those who wander are lost.*

The port of Cartagena, in the Mediterranean's Costa Cálida, has been prized since Carthaginian times. Thanks to its strategic position on the Murcia coast, it has been inhabited by several cultures which have left their mark on its artistic heritage.

A tour of the place and its museums will draw us into the history of a city closely tied to the sea. This maritime enclave was already known to the Carthaginians and Romans, and its name today comes from the Latin, Cartago Nova.

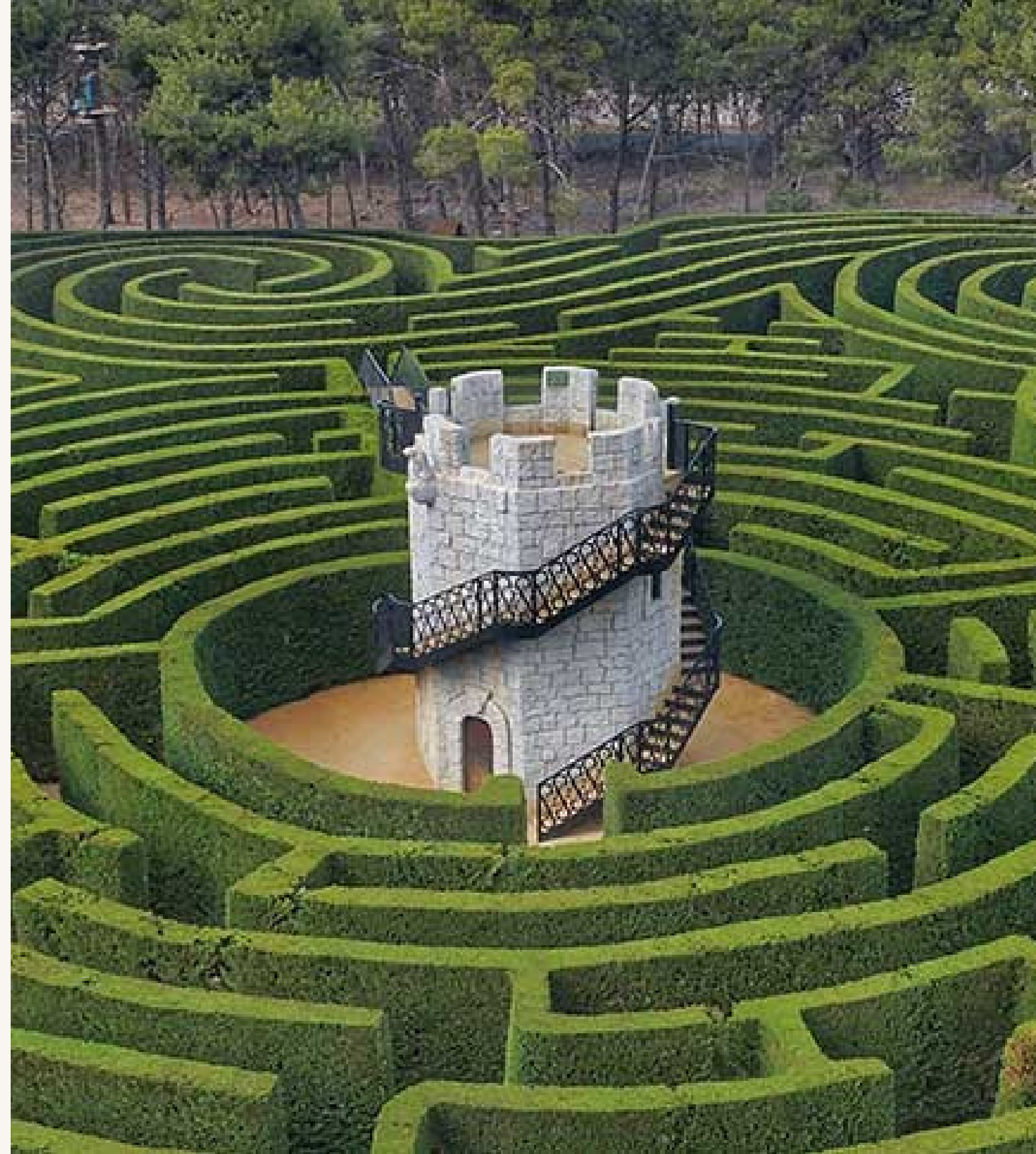
CARRETERA DE TENTEGORRA

30394 TENTEGORRA (CARTAGENA)

## Laberinto de Tentegorra

*To be lost is as legitimate a part of your process as being found.*

The labyrinth is the largest plant labyrinth in Spain, and one of the largest plant labyrinths in the world. The labyrinth is made up of a variety of Leylandi cypresses, brought from nurseries in central Spain, from two meters high that prevent the orientation of visitors, its construction lasted several months. It is an interactive labyrinth with twelve doors that allow us to configure the route at our will, to which are joined the two itineraries, one easy, and another more complicated for lovers of challenges. The doors that we find while we walk through the maze are themed, symbolizing each of the twelve signs of the zodiac.





## Beaches

*Beach vibes only*

From hip bars and restaurants to secluded natural coves, get ready to discover the gorgeous beaches of Murcia. If you're looking for fabulous weather, Spain is a top destination. Sunbathers will be pleased to know that in some years, it's possible to catch some rays as early as March.

Impressive mountain landscapes, fine sandy beaches and small, hidden bays – the beaches in Murcia on the Costa Cálida offer over 200 km of often overlooked holiday potential of a special kind. Various, often lonely, bays, which guarantee bathing in a fantastic mountain scenery.



ENSO SUSHI



LA TANA



ÁREA SUNSET



MALOCA



LA CANGREJA

# top 10 restaurants

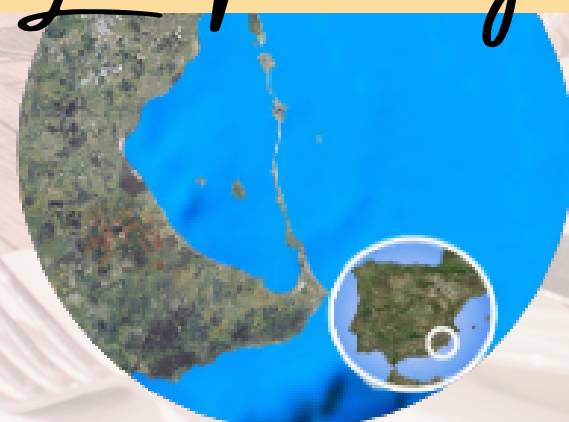
## La Manga



EL CAMAROTE DE  
LA MARTINIQUE



ESCUELA DE  
PIETER



COLLADOS



LA MESTIZA



CABAÑA  
BUENAVISTA



OUR TIP

LA MANGA

## Escuela de Pieter

*Perfect escape*

The restaurant cooking since 1975 is the best gastronomic experience of the La Manga.

Being able to rest, sunbathe and disconnect in their hammocks on the beach or on the terrace in a pleasant family atmosphere, where you can enjoy the food and the views.

## Enso Sushi

*World class sushi*

Enso Sushi in Los Belones has been one of our favourite restaurants in the region of Murcia in Spain. We are regulars throughout the year and it has been consistently excellent for every visit.



## La Tana

*Amazing fresh fishes*

The restaurant got one Michelin star and all the visitors simply love it. You can enjoy lunch at this wonderful terrace watching over the port and have a wonderful time with excellent service at this famous restaurant in the area.



## Área Sunset

*Beautiful sunsets*

In front of the island called – Isla del Barón, beachfront, meanwhile you can try one of its wonderful dishes or resting in the chill out area, enjoy the cocktail bar with an indoor and outdoor area on the beach itself.



## Maloca

*Outstanding restaurant*

On the beach front where you can watch the impressive sunsets, while you will taste the Mediterranean gastronomical experience. In addition, it offers a cocktail area, sitting area and a chill out area where you can rest on the shore of the beach.



## La Cangreja

*Excellent beach bar*

Great place with genuine Spanish charm. Such a great place to have a light lunch upon a beach day or just some drinks when you get enough sun. The food quality is pretty amazing. The "marineras" is a must. Highlighting the kindness of its staff.



## El Camarote de la Martinique

*A little gem!*

Without a doubt, the sunsets accompanied by the wonderful tasting on a place that you cannot miss. Eat on the shore of the beach, try new flavors and enjoy the Mediterranean menu accompanied by the best views of our salty lagoon.



# Collados

*A paradise!*

Collados has unbeatable panoramic views of the city as well as the sea. It has all the comforts that the most demanding couples need from a luxury complex by the beach.



# La Mestiza

*What a place*

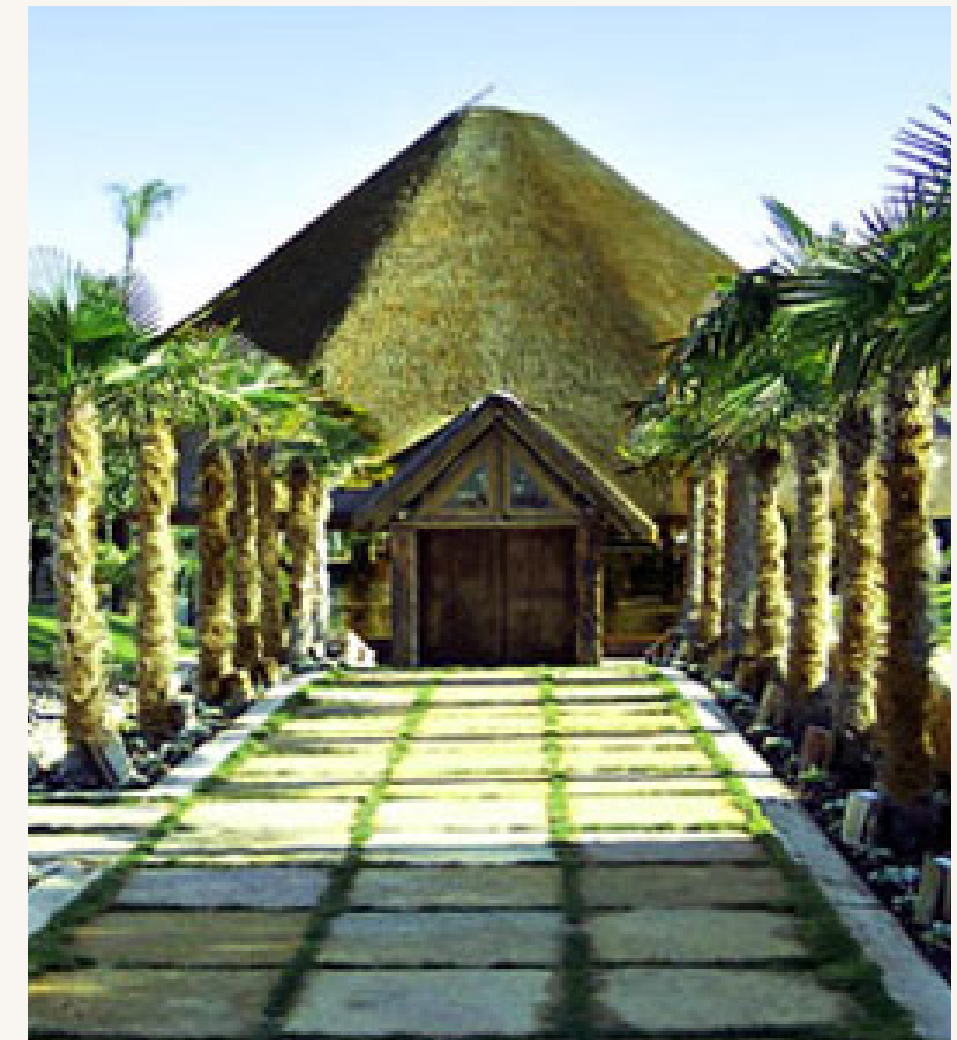
A place inspired by the mixture of cultures, blues, coplas, boleros and rancheras. La Mestiza is CONCEPT + SPACE + GASTRONOMY + ENVIRONMENT. A new universe with our typical vibe.



# Cabaña Buenavista

*6 star restaurant*

Cabaña Buenavista a two MICHELIN Stars restaurant have supercharged the whole dining experience to a mind bugling level as they take their guests on a trip throughout culinary heaven.





PADDLE SURF



KAYAK  
EXCURSION



DIVING TO  
SHIPWREECK



LICOR 43  
FACTORY VISIT



HORSE RIDING

# the best 10 experiences

## La Manga



LUXURY  
SHOPPING IN  
MURCIA



KITE  
SURFING



SAILING



WHALES AND  
DOLPHINS  
WATCHING



LA MANGA  
GOLF CLUB

## Licor 43 FACTORY Visit

*Amazingly interesting tour*

Licor 43, or Cuarenta y Tres ("43" in Spanish), is a sweet, vanilla-flavored liqueur. It is produced in Spain by the Diego Zamora company, using a total of 43 flavoring ingredients, including citrus and other fruits, herbs, and spices. Luckily this very special liqueur is made in Cartagena.

A great place to visit. See the history of, taste and buy Licor 43. The staff is friendly, helpful and knowledgeable. On their website you can book tours in advance.

# Luxury Shopping in Murcia

*Worth visiting*

They say: "For some, shopping is an art; for others, it's a sport." If you love shopping you will not be disappointed in this area full of big shopping centres, cute boutiques and of course original markets. From kids clothes till luxury brands...



# Paddle Surf

*Exciting experience*

Great scenery, beautiful clear water, very friendly guide and nice small size group. 3 hours of fun had by all. The opportunity to swim and use provided masks to see the huge array of fish along the route taken was a great bonus.



# La Manga Golf Club

*Beautiful sunsets*

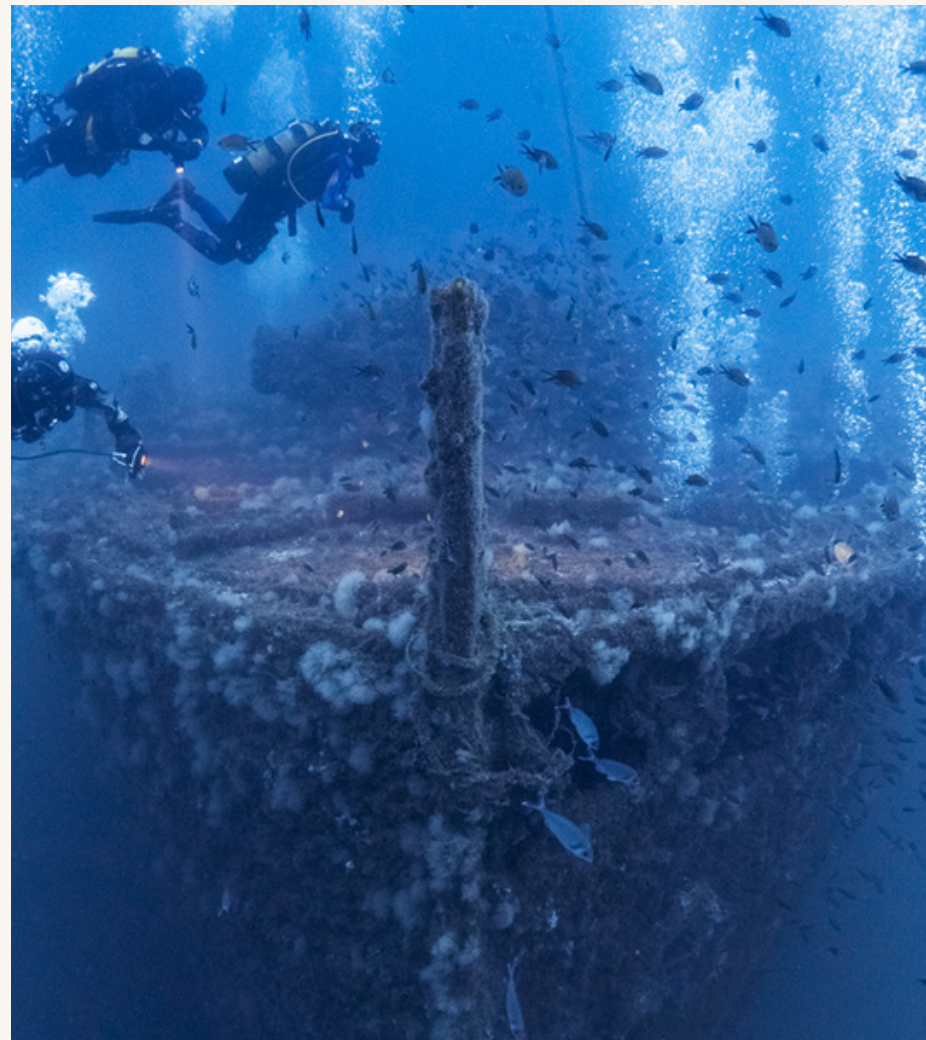
La Manga Club has always been synonymous with golf. The prestigious North, South and West courses, along with Pitch & Putt, offer different styles to challenge golfers of all levels.



# Diving to Shipwreck

*Excellent dive centre*

Cabo de Palos is considered one of the best scuba diving sites in Spain. Here you will find reefs and corral deep underwater, as well as the remains of shipwrecks and sunken boats: a real adventure for scuba fans.



# Kayak Excursion

*Very fun kayak trip*

Our team went for a kayak excursion by Cabo de Palos shore and explore magical caves. It was truly amazing experience. During your stays in Cabo de Palos we highly recommend you to do it aswell. The blue color from the sea water made perfect contrast with our resorts.



# Horse Riding

*Seriously addictive escape*

Riding a horse releases endorphins and other feel-good chemicals that make you feel good. If you're having fun (and we bet you will!) it will reduce your stress, and make you feel better. Especially riding a horse in the natural park Calblanque by the shore - it's a wonderful experience!



# Whales and Dolphins Watching

## *Whale day*

Between Cabo de Palos and Cabo de Gata, on the edge of the Alboran Sea, is a great place for dolphin and whale watching. In this area, the water can get very deep, reaching over 1,000 meters.



# Kite Surfing

## *Board meeting*

Do you like adventures? You can enjoy every day learning a different water sport. Kite surfing and wind surfing is the most favourite ones in this area. You can find a lot of surfing schools and bars -this location is made for surfing! Because Spain is considered the mecca of windsurfing in Europe,



# Sailing

## *Anchor drops*

At La Manga there are 11 sailing schools which provide instruction as well as boat hire, as well as 4 marinas providing services for crews and vessels. Sailboat with captain and speedboats to rent in La Manga, Spain. Hire our boats for birthdays and family trips and excursions!



**MURCIA COMBINES NATURAL AND CULTURAL WONDERS WITH HERITAGE  
TO PROVIDE AN EXPERIENCE THAT WILL BLOW YOU AWAY. AND THAT'S  
WITHOUT EVEN MENTIONING ITS TRADITIONS, AND THE CUISINE OF THIS  
FAMOUS FRUIT AND VEGETABLE GROWING REGION.**







